

Inpatient care for senior adults

At **Cross Creek Hospital Together with Ascension Seton**, we offer inpatient programming that is designed specifically for senior adults who are suffering from mental health concerns. Our expert staff is highly experienced in addressing the unique needs of adults who are in the later stages of life.

Who we serve

We provide age-appropriate inpatient treatment for senior adults who have concerns such as:

- Anxiety
- Schizophrenia
- Bipolar disorder
- Substance use disorders
- Conduct disorders
- Suicidal ideation & behaviors
- Depression

How we help

Depending on each senior patient's needs and abilities, the personalized care plan we develop for them may include:

- Cognitive behavioral therapy
- Individual therapy
- Detoxification services
- Medical care
- Dialectical behavior therapy
- Medication management services
- Family therapy
- Recreational therapy
- Group therapy
- Yoga

Cross Creek Hospital

Together with  Ascension Seton

Specialized support

Medical services

Aging adults have different medical needs than other populations do, which is why we make sure that our older patients have access to certain medical services, such as:

- Care for preexisting conditions
- CPAP machine if needed
- Help with daily living activities
- O₂ 1-2 L/Min
- Wound care

We accept adults who have a range of mobility needs, including those who use a cane, walker or wheelchair.

Admissions criteria

Potential patients must be a danger to themselves or others, experiencing self-deterioration, or in need of opioid or alcohol detoxification to qualify for our inpatient services. Those who receive care in our inpatient program must be able to feed and care for themselves and must not need a cardiac monitor or an IV infusion.

Assessment options

Our knowledgeable admissions team is available 24 hours a day, seven days a week to provide a free, comprehensive assessment. Potential patients can receive an assessment by:

- Calling, faxing or emailing our admissions specialists
- Transferring to our care from an ER or another facility
- Visiting our 24/7 assessment center in person or scheduling an appointment



Scan to learn more

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