

8402 Cross Park Drive, Austin, TX 78754 512.215.3900

# **Military Cultural Awareness Training**

**July 27, 2018** 10:00 a.m. to 12:00 p.m. 2 CEU Hours

*Please RSVP to:* Events@CrossCreekHospital.com

Lunch will be provided.

### **Presented by**

Robin Johnson, LMSW, Hope for Heroes Therapist, Samaritan Center

## **Course Objective:**

- Bring awareness of the military culture to clinicians who are serving or seeking to serve military, veterans, and family members
- Understand the differences between branches of the United States Armed Forces, as well as customs and courtesies associated with each branch
- Discuss transition from Deployed, Active, Reserve and/or Civilian life
- Briefly discuss treatment modalities commonly used for treatment

# **ROBIN JOHNSON**



**Robin Johnson, LMSW,** received her Masters in Social Work from the University of Texas at San Antonio. Robin has experience working with military individuals and families who have experienced military sexual trauma and crisis. As a current National Guard Member, Robin continues to educate Soldiers on suicide prevention and resiliency within the ranks.

In addition to her military experience, Robin has also worked with inpatient care at Cross Creek Hospital where she gained experience working with children, adolescents, and adults in mental health crisis. She provided individual, group, and family therapy using crisis intervention, trauma-informed, and strengths based techniques to help clients in the recovery process. Robin continues to use these tools along with play-therapy, cognitive and dialectical behavior therapy to help military individuals and their family members at the Samaritan Center as a Hope for Heroes Therapist. Her specialties include depression, anxiety, mood disorders, trauma, and self-esteem.

Cross Creek Hospital is Continuing Education Provider for the Texas State Board of Social Work Examiners, Texas State Board of Examiners of Professional Counselors, Texas Certification Board of Addiction Professionals, Texas State Board of Examiners of Psychologists and Texas State Board of Licensed Marriage & Family Therapists.

# For more information about the hospital, please call 512.215.3900



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MONIH		DAIE	IIME	SPEAKER
February	Suicide Prevention and Intervention	02/23/2018	11AM – 1PM	Katherine Rose, Psy.D
March	The Young Mind and the Impacts of Social Media	03/23/2018	10AM – 12PM	Julie Moss, LPC
> 	Understanding Trauma Informed Care & the Therapeutic Benefits of Tai Chi Therapy	04/20/2018	10AM – 12PM	Tony Frank, LCDC
April	Co-Occurring Disorders: When Substance Use & Mental Health Disorders Collide	04/25/2018	10AM – 12PM	Dr. Broadus
May	Where is Behavioral Health Headed in Texas	05/24/2018	11AM – 1PM	Will Francis
June	Chemical Dependency and DSM V: Diagnostic Updates In Acute & Chronic Substance Use Disorders	06/01/2018	11AM – 1PM	Joseph Dias, LPC-S
	Therapeutic Benefits of Music in Substance Treatment	6/22/2018	11AM - 1PM	Joseph Gorordo, LCDC
July	Military Cultural Awareness	07/27/2018	10AM – 12PM	Robin Johnson, LMSW
	PTSD	08/08/2018	11AM – 1PM	Dr. Kimberly Arlinghaus
August	Behind The Label: Guiding Patients in Managing Side Effects of Psychiatric Medications	08/17/2018	11AM – 1PM	Aaron Cummins, RN, LCSW
September	Positive Recovery	09/27/2018	10AM – 12PM	Casey Arrillaga
October	Spirituality and Ethics: Applications to Counseling Practice Workshop	10/26/2018	10AM – 12PM	Awa Jangha, PhD
November	Avoiding Burnout In Clinical Practice	11/21/2018	10AM – 12PM	Marissa Mendietta, LCSW
December	Self Care Strategies for Professionals: Interactive Course on Tai Chi	12/13/2018	10AM – 12PM	Tony Frank, LCDC