



8402 Cross Park Drive, Austin, TX 78754
512.215.3900

Behind The Label: Guiding Patients in Managing Side Effects of Psychiatric Medications

August 17, 2018

11:00 a.m. to 1:00 p.m.
2 CEU Hours

Please RSVP to:
Events@CrossCreekHospital.com

Lunch will be provided.

Presented by

Aaron Cummins, RN, LCSW

Course Objective:

This presentation aims to help clinicians understand common side effects of psychotropic medications and their pathways, appreciate the urgent need for improved physical health care in the psychiatric population, and review the research addressing these two issues. The presentation will also provide clinicians a holistic framework for helping clients manage medication side effects and improve their health.

AARON CUMMINS



Aaron Cummins, is a Registered Nurse and Licensed Clinical Social Worker in Austin, TX. He specializes in providing clinical services to promote weight loss and improve the overall health of his clients. In his private practice, Aaron works to bridge the gap between mental and physical healthcare. Aaron has experience working in outpatient mental health treatment, crisis intervention, inpatient psychiatric stabilization, health care administration, and community education and outreach. Aaron is a graduate nursing student at The University of Texas at Austin where he is studying to become a Psychiatric Nurse Practitioner. He completed his Master of Social Work at Texas State University and received his Bachelor of Social Work from Baylor University.

Cross Creek Hospital is Continuing Education Provider for the Texas State Board of Social Work Examiners, Texas State Board of Examiners of Professional Counselors, Texas Certification Board of Addiction Professionals, Texas State Board of Examiners of Psychologists and Texas State Board of Licensed Marriage & Family Therapists.

For more information about the hospital, please call 512.215.3900



8402 Cross Park Drive, Austin, TX 78754

512.215.3900 | www.CrossCreekHospital.com

| MONTH | TITLE | DATE | TIME | SPEAKER |
|----------|--|------------|-------------|-------------------------|
| February | Suicide Prevention and Intervention | 02/23/2018 | 11AM – 1PM | Katherine Rose, Psy.D |
| March | The Young Mind and the Impacts of Social Media | 03/23/2018 | 10AM – 12PM | Julie Moss, LPC |
| April | Understanding Trauma Informed Care & the Therapeutic Benefits of Tai Chi Therapy | 04/20/2018 | 10AM – 12PM | Tony Frank, LCDC |
| | Co-Occurring Disorders: When Substance Use & Mental Health Disorders Collide | 04/25/2018 | 10AM – 12PM | Dr. Broadus |
| May | Where is Behavioral Health Headed in Texas | 05/24/2018 | 11AM – 1PM | Will Francis |
| June | Chemical Dependency and DSM V: Diagnostic Updates In Acute & Chronic Substance Use Disorders | 06/01/2018 | 11AM – 1PM | Joseph Dias, LPC-S |
| | Therapeutic Benefits of Music in Substance Treatment | 6/22/2018 | 11AM -1PM | Joseph Gorordo, LCDC |
| July | Military Cultural Awareness | 07/27/2018 | 10AM – 12PM | Robin Johnson, LMSW |
| August | PTSD | 08/08/2018 | 11AM – 1PM | Dr. Kimberly Arlinghaus |
| | Behind The Label: Guiding Patients in Managing Side Effects of Psychiatric Medications | 08/17/2018 | 11AM – 1PM | Aaron Cummins, RN, LCSW |
| | Positive Recovery | 09/27/2018 | 10AM – 12PM | Casey Arrillaga |
| October | Spirituality and Ethics: Applications to Counseling Practice Workshop | 10/26/2018 | 10AM – 12PM | Awa Jangha, PhD |
| November | Avoiding Burnout In Clinical Practice | 11/21/2018 | 10AM – 12PM | Marissa Mendietta, LCSW |
| December | Self Care Strategies for Professionals: Interactive Course on Tai Chi | 12/13/2018 | 10AM – 12PM | Tony Frank, LCDC |