

WEEKLY SCHEDULE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30 - 7:00	HYGEINE	HYGIENE	HYGIENE	HYGIENE	HYGIENE
7:00 - 7:30	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
7:30 - 8:00	GOALS GROUP	GOALS GROUP	GOALS GROUP	GOALS GROUP	GOALS GROUP
8:00 - 8:30	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS
8:30 - 9:30	YOGO/RELAX	EXERCISE	YOGO/RELAX	EXERCISE	YOGO/RELAX
9:30 - 10:15	SNACK	SNACK	SNACK	SNACK	SNACK
10:15 - 11:15	ORIENTATION GROUP	EDUCATION GROUP	NUTRITION GROUP	EDUCATION GROUP	ORIENTATION GROUP
11:30 - 12:00	HYGIENE BREAK	HYGIENE BREAK	HYGIENE BREAK	HYGIENE BREAK	HYGIENE BREAK
12:00 - 1:00	PROCESS GROUP	PROCESS GROUP	PROCESS GROUP	PROCESS GROUP	PROCESS GROUP
11:30 - 12:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:30 - 12:45	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS
12:45 - 1:00	HYGIENE BREAK	HYGIENE BREAK	HYGIENE BREAK	HYGIENE BREAK	HYGIENE BREAK
1:00 - 1:55	RECREATIONAL THERAPY	RECREATIONAL THERAPY	RECREATIONAL THERAPY	RECREATIONAL THERAPY	RECREATIONAL THERAPY
1:55 - 2:05	SNACK	SNACK	SNACK	SNACK	SNACK
2:05 - 3:00	Psychotherapy	Psychotherapy	Psychotherapy	Psychotherapy	Psychotherapy
3:00 - 3:15	RECREATIONAL THERAPY	RECREATIONAL THERAPY	RECREATIONAL THERAPY	RECREATIONAL THERAPY	RECREATIONAL THERAPY
3:15 - 4:00	EDUCATION GROUP	DISCHARGE GROUP	NURSE ED	DISCHARGE GROUP	ORIENTATION GROUP
4:00 - 5:00	JOURNAL	JOURNAL	JOURNAL	JOURNAL	JOURNAL
5:00 - 5:30	DINNER	DINNER	DINNER	DINNER	DINNER
5:40 - 6:30	COMMUNITY GROUP	COMMUNITY GROUP	COMMUNITY GROUP	COMMUNITY GROUP	COMMUNITY GROUP
7:00 - 8:00	SOCIAL SKILLS	VISITATION	SOCIAL SKILLS	VISITATION	SOCIAL SKILLS
8:00 - 8:10	SNACK	SNACK	SNACK	SNACK	SNACK
8:10 - 8:50	GYM	GYM	GYM	GYM	GYM
8:50 - 9:00	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS
9:00 - 9:45	Wrap-up Group	Wrap-up Group	Wrap-up Group	Wrap-up Group	Wrap-up Group
9:45 - 10:15	HYGIENE BREAK	HYGIENE BREAK	HYGIENE BREAK	HYGIENE BREAK	HYGIENE BREAK
10:30	BEDTIME	BEDTIME	BEDTIME	BEDTIME	BEDTIME

WEEKEND SCHEDULE	SATURDAY	SUNDAY
6:45 - 7:30	HYGIENE	HYGIENE
7:30 - 8:00	BREAKFAST	BREAKFAST
8:00 - 8:30	GOALS GROUP	GOALS GROUP
8:45 - 9:00	MEDICATIONS	MEDICATIONS
9:00 - 9:45	EXERCISE	EXERCISE
9:55 - 10:00	SNACK	SNACK
10:00 - 10:45	PROCESS GROUP	PROCESS GROUP
10:45 - 11:00	HYGIENE BREAK	HYGIENE BREAK
11:00 - 11:45	EDUCATION GROUP	EDUCATION GROUP
12:00 - 12:30	LUNCH	LUNCH
12:30 - 12:45	MEDICATIONS	MEDICATIONS
12:45 - 1:00	HYGIENE BREAK	HYGIENE BREAK
1:00 - 1:50	RECREATIONAL THERAPY	RECREATIONAL THERAPY
1:50 - 2:00	SNACK	SNACK
2:00 - 2:15	Psychotherapy	Psychotherapy
2:00 - 3:00	NURSE ED	ORIENTATION GROUP
3:00 - 4:00	JOURNAL	JOURNAL
5:00 - 5:30	DINNER	DINNER
5:40 - 6:30	COMMUNITY GROUP	COMMUNITY GROUP
7:00 - 8:00	VISITATION	VISITATION
6:30 - 8:30	MOVIE/REVIEW	MOVIE/REVIEW
8:45 - 9:00	MEDICATIONS SNACK	MEDICATIONS SNACK
9:15 - 9:45	Wrap-up Group	Wrap-up Group
9:45 - 10:15	HYGIENE BREAK	HYGIENE BREAK
10:30	BEDTIME	BEDTIME